

# *Renew*

## **Best Use**

A date night discussion guide

## **Nutritional Value**

Husbands and wives will reaffirm their lifelong love for each other.

## **Advance Preparation**

- Schedule a dinner or coffee date.
- Plan on ending your date at a quiet, romantic location.

## **During the Date**

Follow the instructions on the reverse side.

## **Discuss**

- Take turns finishing this sentence: “If someone had asked me during our engagement why I wanted to marry you, I would have said \_\_\_\_\_”.
- Alternate sharing how you were feeling just moments before your wedding ceremony began.

## **Reflection**

You’ve heard the expression, “the grass is greener on the other side.” The truth is, in marriage, *the grass is greener where you water it*. Take turns sharing a simple way your spouse can intentionally “water” you this week.

## **“I Do” Rendezvous**

End your date by going to your designated spot. While holding hands, renew the following wedding vows with each other. . .

- **Husbands**: “I take you again to be my wedded wife; I promise to always love you, for better or for worse, in sickness and in health, in poverty and in wealth, from this day forward; I will honor and serve you, and be a faithful husband until we are separated by death.”
- **Wives**: “I take you again to be my wedded husband; I promise to always love you, for better or for worse, in sickness and in health, in poverty and in wealth, from this day forward; I will honor and serve you, and be a faithful wife until we are separated by death.”
- You may now kiss your spouse! (take as long as you like)

## **Bonus**

Nothing is easier than saying words, and nothing is harder than living them date after day. To help you in this, post your wedding vows in a place where you will see them daily (mirror, laptop, office desk, etc.).