

# *Relive*

## **Best Use**

A date night activity and discussion guide

## **Nutritional Value**

Husbands and wives will look over photos to reminisce about the beginning of their relationship together.

## **Advance Preparation**

- Schedule a date at a location that is the same as or similar to one of your first dates.
- Gather a few pictures from when you first started dating to bring with you.

## **During the Date**

- Pull out the photos and talk about the fun memories each one brings.
- Take turns answering the questions on the reverse side.

## **Discuss**

1. When did you first notice/see your spouse?
2. What was he/she wearing?
3. What were your first thoughts?
4. When did you first kiss your spouse?
5. When did you first say “I love you?”

## **Reflection Questions**

1. Complete this sentence: One of the qualities that first drew me to you was your \_\_\_\_\_.  
(i.e., sincerity, loyalty, compassion for others, desire to please the Lord, passion for the truth)
2. Share your funniest memory together (“I’ll never forget the time . . .”)
3. Discuss this quote: *“If you want what you once had, you must do what you once did.”*

## **Bonus**

- Before you go to bed tonight, pray with your spouse, thanking God for great memories and your life together.
- Within the next three days, download one of your old love songs and dance together.